

Spring 2023 – Menu

V = Suitable for vegetarian diet

	WEEK 1	WEEK 2	WEEK 3
M O N D A Y	Hot: V Pasta Parcels in a Homemade Tomato Sauce, Cauliflower & Green Beans, Garlic Bread	Hot: V Pizza, Diced Potatoes, Peas & Sweetcorn	Hot: V Farmhouse Mac & Cheese with Garlic Bread
	Veg: V Sticky Vegetable Noodles, Cauliflower & Green Beans, Garlic Bread	Veg: V Vegetable Curry Pastry with Crusty Bread, Diced Potatoes, Peas & Sweetcorn	Veg: V Melting Veggie Slice with 50/50 Rice, Broccoli & Carrots
	JP: Tuna Jacket Potato	JP: V Veggie Chilli Jacket Potato	JP: V Cheese Jacket Potato
	Cold: V Cheese Sandwich	Cold: Tuna Sandwich	Cold: V Egg Mayo Sandwich
	Panini: Tuna Panini	Panini: V Cheese Panini	Panini: V Vegetable Melt Panini
	Apple Crumble & Custard Fresh Fruit or Fruit Yoghurt	Krispie Cereal Bar Fresh Fruit or Fruit Yoghurt	Jam Roly Poly & Custard Fresh Fruit or Fruit Yoghurt
T U E S D A Y	Hot: Crispy Chicken Bites, Baked Baby Potatoes, Peas & Sweetcorn, Herby Bread Halal: Quorn Nuggets	Hot: Pasta Bolognese, Cauliflower & Green Beans, Garlic Bread Halal: Pasta Bolognese (Halal Beef)	Hot: Cheese Burger, Baked Potato Wedges, Spring Coleslaw with Cucumber Sticks Halal: Cheese Burger (Halal Beef Burger)
	Veg: V Cheese & Onion Whirl, Baked Baby Potatoes, Peas & Sweetcorn, Herby Bread	Veg: V Cheesy Leek Croquette, Cauliflower & Green Beans, Garlic Bread	Veg: V Veggie Dog, Baked Potato Wedges, Spring Coleslaw with Cucumber Sticks
	JP: V Baked Bean Jacket Potato	JP: V Cheese Jacket Potato	JP: V Baked Bean Jacket Potato
	Cold: Ham Sandwich	Cold: V Egg Mayo Sandwich	Cold: Chicken Sandwich
	Panini: Cheese Panini	Panini: V Vegetable Melt Panini	Panini: Ham & Tomato Panini
	Orange Shortbread Fresh Fruit or Fruit Yoghurt	Chocolate Orange Sponge & Chocolate Sauce Fresh Fruit or Fruit Yoghurt	Banana Brownie Fresh Fruit or Fruit Yoghurt
W E D N E S D A Y	Hot: Roast Turkey & Stuffing, Roast Potatoes, Medley of Seasonal Vegetables, Homemade 50/50 Bread Halal: Roast Chicken	Hot: Sausages & Yorkshire Pudding, Mashed Potato, Medley of Seasonal Vegetables, Sliced Wholemeal Bread Halal: Chicken Sausages	Hot: Mince Beef & Dumplings with Baked Baby Potatoes Halal: Mince Beef (Halal Beef)
	Veg: V Sweet Potato & Spring Vegetable Bake, Roast Potatoes, Medley of Seasonal Vegetables, Homemade 50/50 Bread	Veg: V Sausages & Yorkshire Pudding, Mashed Potato, Medley of Seasonal Vegetables, Sliced Wholemeal Bread	Veg: V Vegetable Cottage Pie, Medley of Seasonal Vegetables, Sliced Wholemeal Bread
	JP: V Cheese Jacket Potato	JP: V Cheese Jacket Potato	JP: Tuna Jacket Potato
	Cold: V Egg Mayo Sandwich	Cold: Cheese Sandwich	Cold: V Cheese Sandwich
	Panini: V Vegetable Melt Panini	Panini: Ham & Cheese Panini	Panini: V Cheese Panini
	Arctic Roll & Fruit Fresh Fruit or Fruit Yoghurt	Arctic Roll & Fruit Fresh Fruit or Fruit Yoghurt	Marbled Sponge & Custard Fresh Fruit or Fruit Yoghurt

T H U R S D A Y	Hot: Chilli Con Carne & Naan Bread, Rice, Broccoli & Carrots Halal: Chilli Con Carne (Halal Beef)	Hot: Chicken Wrap, Vegetable Rice Broccoli & Carrots	Hot: Chicken Korma & Rice, Cauliflower & Green Beans, Naan Bread
	Veg: V Cheesy Bean Enchilada, Rice, Broccoli & Carrots	Veg: V Sweet Potato & Spring Vegetable Curry with Homemade 50/50 Bread, Vegetable Rice, Broccoli & Carrots	Veg: V Vegetable Lasagne, Cauliflower & Green Beans
	JP: V Veggie Chilli Jacket Potato	JP: V Baked Bean Jacket Potato	JP: V Veggie Chilli Jacket Potato
	Cold: Tuna Sandwich	Cold: V Cheese Sandwich	Cold: Tuna Sandwich
	Panini: V Cheese & Tomato Panini	Panini: Tuna Panini	Panini: Tuna Panini
	Cheese & Crackers Fresh Fruit or Fruit Yoghurt	Apple Flapjack Fresh Fruit or Fruit Yoghurt	Oatie Biscuit & Cheese Fresh Fruit Yoghurt
F R I D A Y	Hot: Fishwick (Salmon), Chips, Crunchy Vegetable Sticks	Hot: Fish Fingers, Baked Beans & Peas, Crusty Bread	Hot: Battered Fish (Harry Ramsdens), Chips, Peas & Sweetcorn, Crusty Bread
	Veg: V Veggie Burger, Chips, Crunchy Vegetable Sticks	Veg: V (Quorn) Chilli Wrap Chips, Baked Beans & Peas, Crusty Bread	Veg: V Cheese & Tomato Quiche, Chips, Peas & Sweetcorn, Crusty Bread
	JP: V Baked Bean Jacket Potato	JP: V Cheese Jacket Potato	JP: V Baked Bean Jacket Potato
	Cold: V Cheese Sandwich	Cold: Tuna Sandwich	Cold: V Cheese Sandwich
	Panini: V Cheese Panini	Panini: V Cheese & Tomato Panini	Panini: V Cheese & Tomato
	Chocolate Berry Mousse Cake Fresh Fruit or Fruit Yoghurt	Lemon Drizzle Muffin Fresh Fruit or Fruit Yoghurt	Lemon & Sultana Iced Finger Fresh Fruit or Fruit Yoghurt